

Curriculum Vitae di SIMONETTA SALVINI

Born in Milan, Italy, June 24, 1958

Italian citizen

Married, four children

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EDUCATION

- 2006** Master degree in Science of the Technical Health Professions. Class SNT-SPEC/3. Title of the Thesis dissertation: Nutrition Counselling in breast cancer patients: analyses of needs and planning of the service. Pisa University. 110/110 cum laude
- 1981** University Degree in Dietetics. Title of the Thesis dissertation: National Survey on food consumption of Italian families. University of Pavia, School of Dietology and Applied Dietetics. 100/100 cum laude
- 1977** High school degree, Humanities - Liceo G. Parini, Milano.

PRINCIPALI ATTIVITÀ

From 1982 to 2011 I worked in research institutes, in Italy and abroad.

Since 2011 I work as a fee lance dietitian and researcher.

from 2018 to 2019 University of Udine - research contract. Application of innovative methods to update food composition databases.

from 2016 LILT Florence (Italian League against Cancer, Florence section) - consultant: planning and conducting life style intervention and cancer prevention programs for the general population and for children and teenagers in schools, and for adolescents in communities. Development of the project: A LILT APP for cancer prevention – Breast cancer: prevention, screening and assistance (*LILT FI seno*, for iOS and android).

from 2012 DO-HEALTH trial (VitaminD3-Omega3-Home Exercise- HeALTHy Ageing and Longevity Trial), funded by the 7th Framework Program of the EC): consultant with the Centre on Aging and Mobility, University of Zurich and City Hospital Waid,. Development and validation of multilingual food frequency questionnaires. www.dohealth.eu

from 1994 management, compilation and update of the *Italian Food Composition Database for Epidemiological Studies*, in collaboration with the European Institute of Oncology, Milan (IEO) and Udine University, Udine. www.bda-ieo.it

2015-17 “The recipes for health of the Tuscan Food Pyramid”, of the Regional Agency for Health (ARS Tuscany): consultant. The project resulted in the publication of the book: ‘Cucina Toscana: ricette e salute’, ed. Giunti, 2017.

2013-15 University of Udine, Dipartimento di Igiene ed Epidemiologia - research contract. Activities related to the Work Package 4 (WP4) of the Unit4 (UO4 – SIAGRO) project QUALIFU (Qualità Alimentare e Funzionale), funded by the I Ministero delle Politiche Agricole, Alimentari e Forestali – MIPAFF (D.M. 2087/7303/09 del 28/01/ 2009 e successive proroghe), coordinated by CRA-NUT, Rome: Project for an Italian Network of bibliographic and analytic food composition data. www.nutrirete.it

2011-14 International Agency for Research on Cancer (IARC) - Lyon, France - consultant. Activities related to the EPIC-Soft methodological platform, within the EuroFIR NEXUS 7FP EU project.

2013 OSC-Healthcare, Bologn – consultant. Development of an instrument for nutritional anamnesis, for the Osservatorio Nutrizionale Grana Padano <http://www.educazionenutrizionale.granapadano.it/it/strumenti-per-la-classe-medica/software-per-anamnesi-alimentari>

2012 INRAN (Rome) – consultant. Development of a nutrition database for food surveys conducted by EFSA.

1999-2011 ISPO (Institute for Study and Prevention of Cancere, Florence). Permanent position since 2006.

- management, compilation, update of food composition databases and dietary and life style questionnaires, in the frame of the EPIC project (European Prospective Investigation into Cancer and nutrition) and other EC projects;

- planning and writing grant proposals and related applications, planning and organization of intervention studies of nutrition and life style modification, in particular "A randomised trial of a high-polyphenol virgin olive oil and oxidative damage in healthy volunteers", funded by (AIRC). 2002-05.
- collaboration to the planning, organization and conduction of the STUDIO DAMA – Diet Physical Activity and Mammography, Dieta Attività Fisica e Mammografia -randomized intervention in post-menopausal women with high breast density;
- management of the ISPO database of publications. Monitoring of the scientific impact of ISPO's publications, by means of evaluation of the Impact Factor.

1991-99 Division of Epidemiology and Biostatistics of the European Institute of Oncology, Milan. Research Dietitian. Planning and development of questionnaires and food composition databases in the frame of multicenter studies of diet and cancer, at local and international level.

1986-90 *Brigham and Women's Hospital, Channing Laboratory, Boston, MA (USA) e la Harvard School of Public Health, Boston, MA (USA)*. Research Dietitian. Activities in the frame of the "Nurses' Health Study (Channing Lab, Boston, MA) a prospective study on diet and health in US nurses and in the frame of the Physician's Health Study.

1982-86 Research activities in the aim of prospective and retrospective studies on the relation between diet and cancer. National Cancer Institute, Milan, Italy and C. Besta Institute, Milan, Italy.

CLINICAL ACTIVITY

dal 2009 Private practice at the Fratellanza Popolare Valle del Mugnone, Fiesole (FI)-Italy, and LILT-Florence (Italian League Against Cancer, Florence Section).

2011-12 Planning and conduction of the life-style modification course "Alimentazione e Salute" (Nutrition and Health), funded by the Cassa Mutua del Chianti Fiorentino in collaboration with LILT, Florence section.

TEACHING ACTIVITIES

2002-09 Contract professor for the degree in dietetics, at the University of Florence: "Research methods applied to dietetics".

1999-2001 Teaching courses in the continuing education course for the dietetics profession and for physicians, organized by the Azienda Sanitaria di Firenze e Ospedale Careggi and by the Regione Toscana.

COLLABORATION in EU PROJECTS

- DO-HEALTH trial -<http://do-health.eu/wordpress/> - a randomized trial on healthy aging
- EPIC - European Prospective Investigation into Cancer and nutrition) <http://epic.iarc.fr>
- IDAMES - Innovative Dietary Assessment Methods in Epidemiological Studies and Public Health www.idames.eu
- EuroFIR Network of Excellence (European Food Information Resource) del Sixth Framework Programme - Food Quality and Safety. Contract No: FOOD-CT-2005-513944. www.eurofir.net (2005-2010).
- Concerted Action: **COST Action 927 THERMALLY PROCESSED FOODS: POSSIBLE HEALTH IMPLICATIONS (2004-2008)**.
- Member of the Management Committee of the Concerted Action: **COST99 EUROFOODS** "Food consumption and composition of food" (1995-1999).

OTHER ACTIVITIES

- since 2005, writing educational articles in the chapter "Sano&Buono" of the magazine of the Italian League Against Cancer, Florence Section (<http://www.simonettasalvini.it/ENG/my-writings.php>).
- Nutrition education in cooking classes, organized by UNICOOP Firenze, Member section, Coverciano: "Sapori e Benessere: una sana alimentazione senza rinunciare ai piaceri della buona tavola" (2000).
- Nutrition education in schools. Regione Lombardia, Milano and COOP Lombardia, Milan (1982-86).

COLLABORAZIONI e CONSULENZE

- Member of the SINU-INRAN expert group for the update of the Italian RDAs "LARN – Livelli di assunzione giornalieri raccomandati di energia e nutrienti per la popolazione italiana." – www.sinu.it. Coordinator of the group: Standard portions.
- Visiting Fellow at the Department of Epidemiology, Harvard School of Public Health, Boston, MA (USA) (2005 e 1994).
- Activities as an expert for the Dietetics profession, CME Programme of the Ministry of Health for continuing education of Health Professionals (2002-2004).
- Consultant for the development and validation of a food frequency questionnaire. Istituto di Ricerche Farmacoepidemiologiche e Farmaco-economiche, University "G. D'Annunzio", Chieti (1999-2002).

- Coordinator of the Task Force "Nutrition support for the Cancer patient". European School of Oncology, Milan. Task Force Preview 1998, 4. (1998).
- Expert group for the revision of "Linee Guida per una Sana Alimentazione Italiana". Istituto Nazionale della Nutrizione, Rome. Revision 1997. (1996-1997).

AWARDS and FUNDINGS

- Funding the project: "A randomised trial of a high-polyphenol virgin olive oil and oxidative damage in healthy volunteers". Associazione Italiana per la Ricerca sul Cancro (AIRC). 2002-05.
- Funding for the project: La Banca Dati Italiana di Composizione degli Alimenti: un Progetto Unitario. Associazione Italiana per la Ricerca sul Cancro (AIRC). 1994-96
- Fellowship: International Cancer Technology Transfer (ICRETT) of the International Union against Cancer (UICC), for research at the Department of Nutrition of Harvard School of Public Health, Boston, MA, U.S.A (1994).
- Fellowship. "Paolo Baffi" of the Fondazione per la Formazione Oncologica, Milano (1991-1996).
- Fellowship: National Research Council, Italy, in the frame of the "Progetto Finalizzato Oncologia" (1987).

LANGUAGES

- English: advanced reading, advanced writing, advanced speaking
- Swedish: advanced reading, advanced writing, advanced speaking (Swedish mother)
- French: advanced reading, intermediate writing, intermediate speaking

PROFESSIONAL ASSOCIATIONS

- Registered Dietitian (albo Professionale Dietisti).
- Member of **ASAND** (*Scientific Association of Food, Nutrition and Dietetics*) and member of the boards of directors (since 2018). - www.asand.it
- Member of **ANDID** (*Association of Italian Dietitians* – www.andid.it)
- Member of **SINU** (*Italian Society of Human Nutrition* – www.sinu.it) and member of the boards of directors (2007-2009)
- Member of **AND** (Academy of Nutrition and Dietetics – www.eatright.org)

OTHER

- Driver's licence (A e B); sailing licence.
- Sports: sailing, skiing, biking, walking.
- Other activities: cooking, farming and related activities

Vaglia, January 12 gennaio 2020